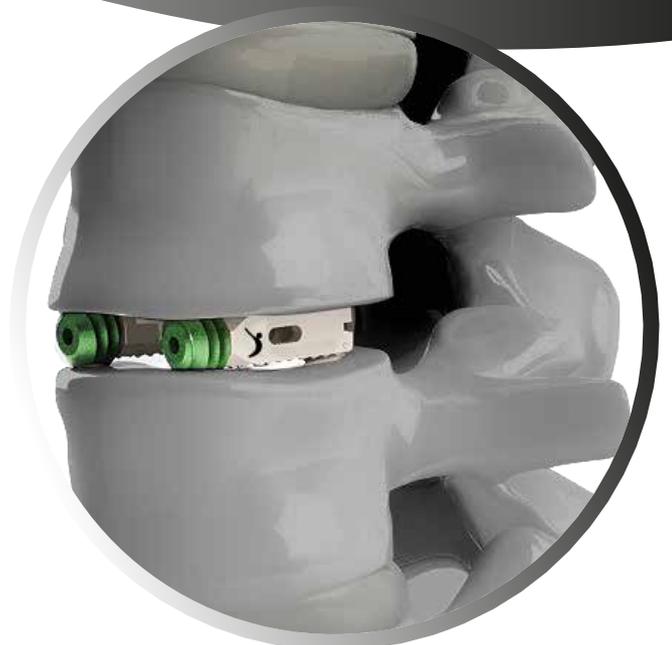




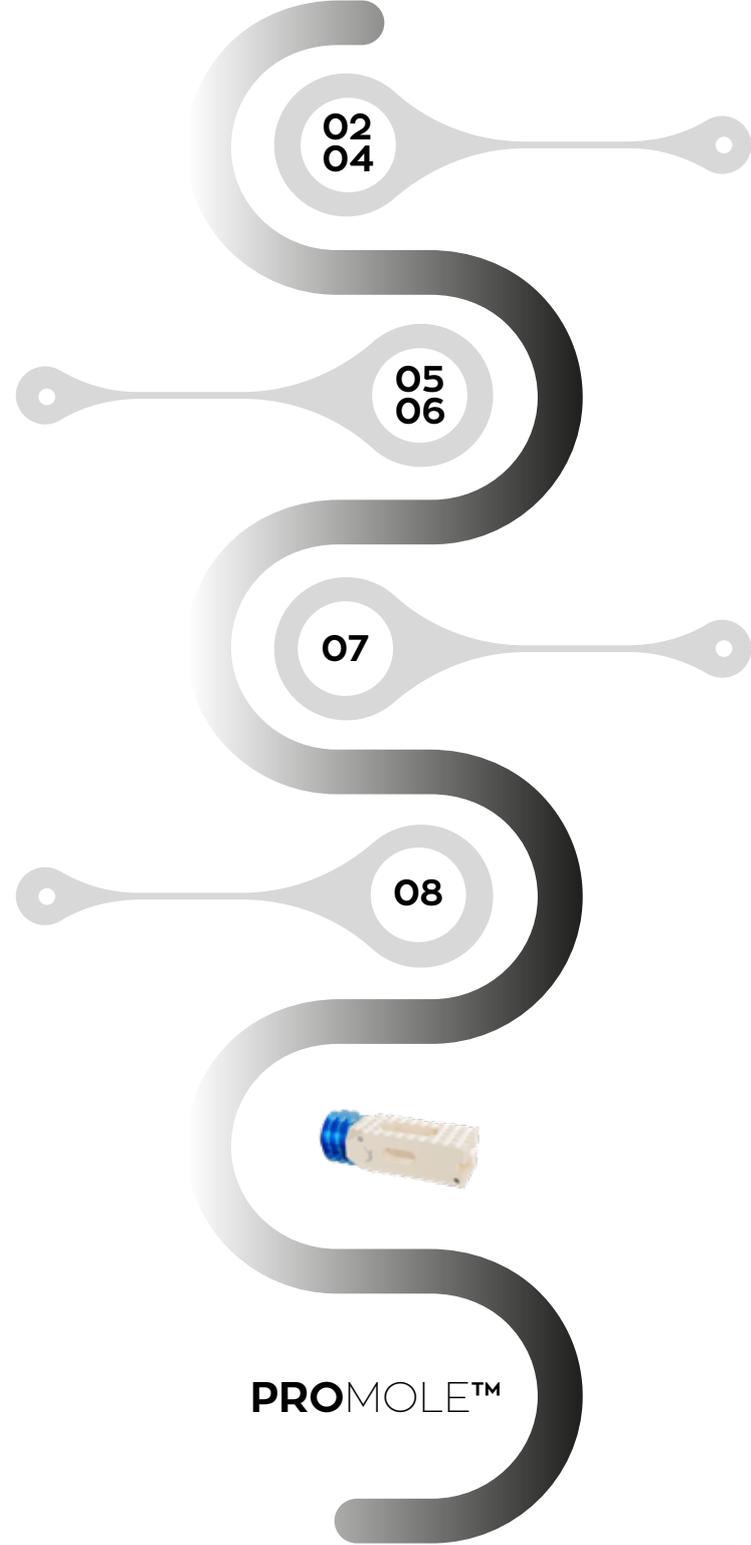
**PROMOLE™**

## Surgical Technique Guide PLIF PEEK Cage with Thread



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# contents



PROMOLE™ - Size Prodorth PLIF PEEK Cage with Thread Instruments	02 04	Surgical Technique of Prodorth PLIF PEEK Cage with Thread
	05 06	intended Use of the Device  Secondary and Possible Side Effects
	07	Step 1 Patient Positioning and Exposure  Step 2 Preparation of the Disc Spaces
Step 4 Connection of the PLIF PEEK Cage with Thread with Its Inserter and Placement  Step 5 Releasing the PLIF Cage with Thread from its Inserter	08	Step 3 Insertion of the Trial Implants

**PROMOLE™**

## **SURGICAL TECHNIQUE OF PRODORTH PLIF PEEK CAGE WITH THREAD**

Prodorth has developed this surgical technique document for surgeons and healthcare professionals but not for unauthorized persons. This document is a supportive source but not a complete instruction for an inexperienced surgeon to perform the entire surgery, therefore the information within this surgical technique should be considered with the previous medical experiences and education of the surgeon. Surgeon's medical judgement and decisions will be the best treatment for the patient and the results will be different according to the patient's physical and mental situation.

### **DEVICE DESCRIPTION**

Prodorth PLIF PEEK Cage with Thread is a long-term implant in order to dispose of the patients' complaints which are raised because of the pain arising from the herniation at the lumbar discs, and traumas on the lumbar spine.

Prodorth PLIF PEEK Cage with Thread is a long-term implant, however, they are not able to withstand the forces like healthy bone structures.

**Current Status of the Device:** The device is already CE marked (since 2013) and has been on the market.

**PLIF PEEK Cage with Thread GMDN No:** 60762

**Product Class:** Annex II of Directive 93/42/EEC) Class IIb

**Raw Materials:** Ti6Al4V-ELI (ASTM F 136 / ISO 5832-3) and PEEK (ASTM F 2026)

**Biological Assessment:**

Biological Assessment of Device According to TS EN ISO 10993-1 : 2021	
<b>Category</b>	Implant Device
<b>Contact Level</b>	Bone / Tissue
<b>Contact Duration</b>	C (Permanent - > 30 days)

### **STERILIZATION**

Prodorth PLIF PEEK Cage with Thread is released to market as non-sterile.

They must be sterilized prior to surgical use. All packaging materials are removed prior to sterilization. The recommended sterilization method for Prodorth cages is steam sterilization in an autoclave. The products which are intended to be sterilized should remain in an autoclave at 134 °C for 18 minutes. There is no other sterilization method Prodorth recommends.

## INTENDED USE OF THE DEVICE

Prodorth PLIF PEEK Cage with Thread is a long-term implant in order to dispose of the patients' complaints which are raised because of the pain arising from the herniation at the lumbar discs, and traumas on the lumbar spine.

- It is a single-use device
- Does not include human or animal tissue and phthalate
- Does not include any software or accessory
- The product is supplied as non-sterile
- Product does not cause any radioactive source or beam diffusing

**Population:** Skeletally mature male / female patients

**Intended User(s):** Healthcare professionals (Surgeons trained and experienced in the related field.)

## INDICATIONS

General criteria and principles related to instrumented spinal surgery are applied here:

- Degenerative disc pathologies
- Herniated nucleus pulposus
- Grade 1 degenerative or isthmic spondylosis
- Visible loss of disc height compared to adjacent levels
- Lumbar pseudarthrosis

**Note:** Patients should be skeletally mature and have had six months of non-operative treatment.

## CONTRAINDICATIONS

Prodorth PLIF PEEK Cage with Thread should never be used at any condition not described in the indications for use. Contraindications include, but are not limited to:

- Fracture, tumor
- Any abnormality present which affects the normal process of bone remodeling including, but not limited to, severe osteoporosis involving the spine, bone absorption, osteopenia
- Marked local inflammation
- Osteoporosis, calcium metabolism disorder
- Pregnancy
- Infection
- Recognized allergies to titanium or titanium alloys and PEEK material
- Damaged lumbar vertebrae from an accident (trauma) at the level of the surgery
- Prior fusion at the level(s) to be treated
- An unhealthy shape (deformity) of the lumbar vertebrae at the level of the surgery
- Low bone mineral density, such as osteoporosis or osteopenia
- Mental disability
- Obesity
- Open wounds
- Fever or leukocytosis
- Alcohol or drug addiction
- Uncooperative patient or patient with neurologic disorders rendering the patient incapable of following instructions

These contraindications can be relative or absolute and should be considered when physician makes a decision. The above list does not include all possibilities. Surgeons should discuss relative contraindications with the patient.

## **SECONDARY AND POSSIBLE SIDE EFFECTS**

The patient shall be notified regarding the below mentioned adverse events pre-operatively. A second surgical treatment may be required:

- Pseudarthrosis
- Implant penetration, migration or implant failure
- Infection
- Tissue or nerve damage caused by improper positioning and placement of implants or instruments
- Paralysis
- Allergy to materials used
- Loosening
- Increased pain
- Instability
- Hematoma
- Pain or illness
- Nonunion or delayed union of the bone
- Bleeding blood vessels
- Bursitis
- Inability to perform daily activities
- Dura leak requiring a repeating surgery
- Intervertebral cages can be fractured postoperatively above or below segments of the surgical level due to trauma, the presence of any defect or weak bone structure. Re-operation may be required
- Wound infection
- Displacement of the disc adjacent segment degeneration
- Death

## **WARNINGS**

- Never re-use an implant even in a perfect state. Any implant which has been used, twisted, bent, implanted and then removed even if it appears intact, it must be discarded
- Use new implants routinely
- Similar products of competitors shall not be combined with the components of the Prodorth PLIF PEEK Cage with Thread. Prodorth implants and instruments should only be used with Prodorth instruments. In case of using other company's instruments, this might result in galvanic corrosion, incompatibility between the products as well
- No component of the Prodorth PLIF PEEK Cage with Thread shall be reused
- The restricted shelf life of the device is 10 years. It should never be used after its expiration date
- Correct selection of the implant is highly important!
- Use of provided trials is recommended

## **PRODORTH PLIF PEEK CAGE WITH THREAD DESCRIPTION**

Prodorth PLIF PEEK Cage with Thread is intended for single use only and restores degenerative disc pathologies.

The unstable situation of the lumbar spine causes herniation of discs and this makes pressure on nerves. In order to solve this problem, PLIF PEEK Cage with Thread is positioned at the intervertebral area after discectomy so that 2 vertebrae work as one vertebra as a result of bone fusion. In this way, the pressure on nerves is disposed and the patient has relief.

Prodorth PLIF PEEK Cage with Thread is made of PEEK (Polyether-ether-ketone/ ASTM F2026) which is a polymer-based composite material and Ti6Al4V –ELI (Grade23) material.

X-ray marker pins for visibility.

The PLIF PEEK Cage with Thread is designed to fit the lumbar disc space optimally, with multiple heights to restore disc height. A large bone graft window accommodates bone grafts or synthetic bone inserts.



<u>SIZE</u>	<u>REF.CODE</u>
28x7 mm	102.04 012807
28x8 mm	102.04 012808
28x9 mm	102.04 012809
28x10 mm	102.04 012810
28x11 mm	102.04 012811
28x12 mm	102.04 012812



## PRODORTH PLIF PEEK CAGE WITH THREAD INSTRUMENTS

Prodorth offers different designs of instruments for each step of the surgical procedure. They have been designed as simply as possible and user-friendly in order to provide ease of use.

Prodorth instruments are made of stainless chrome nickel steel, aluminum, and silicone.



▶▶▶ PLIF Inserter | PL 200.20.002



▶▶▶ Left Angled Hole Curette | PL 200.20.003



▶▶▶ Straight Hole Curette | PL 200.20.004



▶▶▶ Right Angled Hole Curette | PL 200.20.005



▶▶▶ Reverse Cup Curette | PL 200.20.006



▶▶▶ Straight Cup Curette | PL 200.20.007



▶▶▶ Mallet | PL 200.20.009



▶▶▶ Trial Implant Inserter | PL 200.20.010



▶▶▶ T-Handle Locking 1/4" | PL 200.20.011



▶▶▶ Shaver 7 mm | PL 200.20.012  
 Shaver 8 mm | PL 200.20.013  
 Shaver 9 mm | PL 200.20.014  
 Shaver 10 mm | PL 200.20.015  
 Shaver 11 mm | PL 200.20.016  
 Shaver 12 mm | PL 200.20.017  
 Shaver 13 mm (Upon Request) | PL 200.20.016A  
 Shaver 14 mm (Upon Request) | PL 200.20.016B  
 Shaver 15 mm (Upon Request) | PL 200.20.016C  
 Shaver 3 mm (Upon Request) | PL 200.20.016D  
 Shaver 4 mm (Upon Request) | PL 200.20.016E  
 Shaver 5 mm (Upon Request) | PL 200.20.016F  
 Shaver 6 mm (Upon Request) | PL 200.20.016G



▶▶▶ Reamer 7 mm (Upon Request) | PL 200.20.028  
 Reamer 8 mm (Upon Request) | PL 200.20.029  
 Reamer 9 mm (Upon Request) | PL 200.20.030  
 Reamer 10 mm (Upon Request) | PL 200.20.031  
 Reamer 11 mm (Upon Request) | PL 200.20.032  
 Reamer 12 mm (Upon Request) | PL 200.20.033



## SURGICAL PROCEDURE

### Step 1 Patient Positioning and Exposure

The patient is positioned properly in the prone position. The general essentials of lumbar surgery are applied. (Figure 1)



Figure 1

### Step 2 Preparation of the Disc Spaces

Use Prodorth Curettes for removing the disc from disc spaces. A proper discectomy is essential for the success of the surgery. (Figure 2)



Figure 2

### Step 3 Insertion of the Trial Implants

The trial implants are connected to the Trial Implant Inserter (PL 200.20.010) and then introduced through the vertebrae in order to determine the accurate size of the implant. (Figure 3)



Figure 3

## Step 4

### Connection of the PLIF PEEK Cage with Thread with Its Inserter and Placement

After selecting the appropriate size of the PLIF PEEK Cage with Thread, it is connected to PLIF PEEK Cage inserter (PL 200.20.002). In order to fix it accurately, the knob behind the inserter is rotated clockwise until assuring the implant is completely connected. (Figure 4) Then the steel T-Handle Locking ¼" (PL 200.20.011) with bar is inserted through the inserter which is used for rotating the thread at the tip of the cage. (Figure 5)

After a successful connection, the cage can be introduced into the intervertebral area by rotating the steel T-Handle Locking ¼" (PL 200.20.011) slowly. Thus the cage advances between the endplates without a need for impact with a Mallet (PL 200.20.009). (Figure 6, Figure 7)



Figure 4



Figure 5

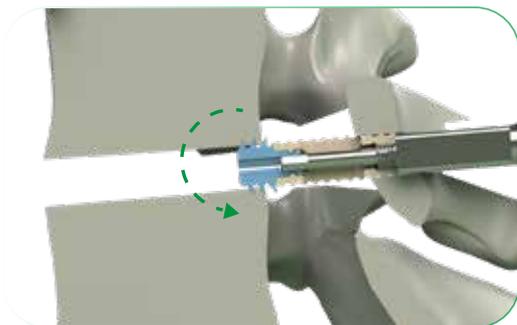


Figure 6

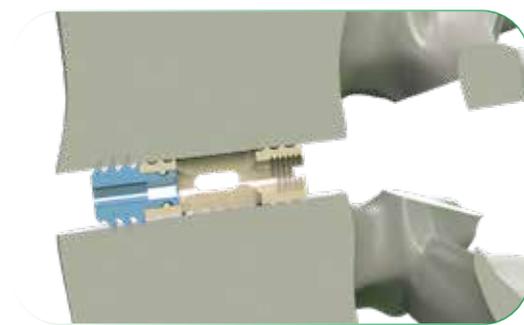


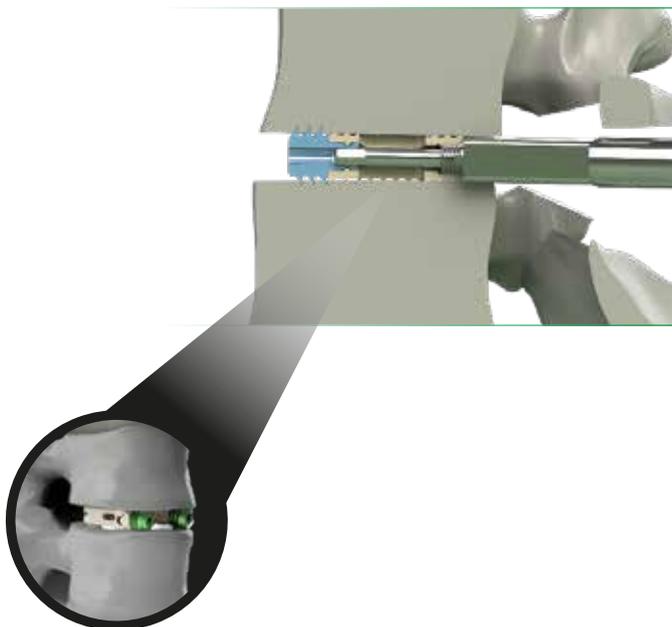
Figure 7

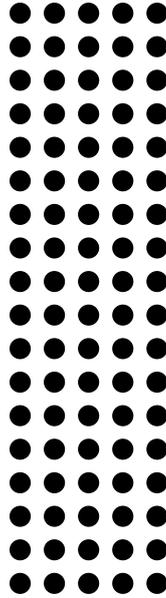
## Step 4 Releasing the PLIF PEEK Cage with Thread from its Inserter

Finally, the knob is loosened and the cage is released at the required position. (Figure 8)



Figure 8





# Surgical Technique Guide

## PLIF PEEK CAGE WITH THREAD



See the IFU prior to use for additional information.



Please check our website for the latest version of this Surgical Technique.



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TD.02.06.05 / Rev.05 / 25.07.2022

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